



King County

Best Starts for



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Roadmap Birth to Three Work Group

5/4/16

Best Starts for Kids Investments

\$392.3 million over six years (avg. of \$65.4 million/year)

- 50% allocated to ages prenatal to 5
- 35% allocated to ages 5 to 24
- 10% allocated to Communities of Opportunity
- 5% allocated to Accountability which includes evaluation and infrastructure

What Results Do We Want to See?

1. Babies are born healthy and establish a strong foundation for lifelong health and well-being.
2. King County is a place where everyone has equitable opportunities to progress through childhood safe and healthy, building academic and life skills to be thriving members of their community.
3. Communities offer safe, welcoming, and healthy environments that help improve outcomes for all of King County's children and families, regardless of where they live.

Strategies

**Support for parents,
families and caregivers**

**Screen children to prevent
likely problems, intervene
early & effectively link to
treatment**

**Create healthy and safe
environments for youth**

**Cultivate caregiver
knowledge & Outreach,
resource and referral**

**Build resiliency of youth
and reduce risky-
behaviors**

**Meet the health and
behavior needs of
youth**

**Support high quality child
care (in home & in
agencies, licensed
unlicensed)**

**Help youth stay
connected to their
families and
communities**

**Help young adults who
have had challenges
successfully transition
into adulthood**

**Stop the school to
prison pipeline**

Prenatal to Age Five Suggested Approach

- “Two generation” approach – multigenerational?
- Building upon resilience and protective factors
- Emphasizing **promotion** of positive development, relationships and community in addition to preventing negative outcomes and providing *early* intervention
- Children and families are connected to resources and services that are needed

Prenatal to Age Five Suggested Investment “Buckets”

- **Home Visiting:** NFP, PCHP, Doula, Evidence Based and Community Based
- **Parent Peer Support:** parent groups, play groups
- **Child Care Consultation:** training and other support for quality care including family, friend and neighbor care
- **Information for Parents and Caregivers about healthy Development:** for example, VROOM
- **Early Intervention Services-** provider capacity

Prenatal to Age Five Suggested Investment “Buckets”

- **“Infant Mental Health” System:** Ensuring provider capacity, training & professional development, reflective consultation
- **Developmental Screening:** making all tools available to all providers; linking families to developmental services when needed
- **Community-Based Parent Supports:** Breastfeeding support, injury prevention; immunization education
- **Innovation within Communities:** Support for community programs that respond to community determined needs

Next Steps

- Community Conversations
 - Building off past community conversations
 - 10 geographically based conversations
 - Stakeholder meetings and groups
- Children and Youth Advisory Board
- Plan due to the County Council June 1st 2016
- Council deliberations over the summer, with final approval aiming for early September 2016
- First RFP's planned for early 2017